

4. Rheinhöhenlauf am 26.09.2009

Ergebnisliste Staffel



| AKPI | Startnr. | Name | Jahrg. | m/w | Verein | Zeit | Staffelteilnehmer | | |
|--|----------|--|--------|-----|--------|-----------|------------------------|-----------------------|--------------------|
| HM-Staffellauf echte Startnummern | | | | | | | | | |
| m | | | | | | | | | |
| 1. | 2090 | Team Dolorgiet punctomed | | m | | 1:19:24,0 | Dittrich, Michael | Bach, Stefan | Spanier, Rene |
| 2. | 2082 | SSG Königswinter | | m | | 1:19:26,0 | Stephan, Oliver | Simons, Guido | Homeyer, Hendrik |
| 3. | 2113 | LAZ Puma II | | m | | 1:22:53,0 | Struve, Dirk | Saraiva, Daniel | Schmitz, Sebastian |
| 4. | 2112 | LAZ Puma I | | m | | 1:23:28,0 | Juschka, Thorben | Juschka, Uwe | Juschka, Björn |
| 5. | 2117 | MGL-12G1 | | m | | 1:25:28,0 | Pertzborn, Niklas | Ortiz, Jose | Nitsch, Malte |
| 6. | 2098 | Tri Power Oldies | | m | | 1:26:21,0 | Hoffmann, Gerry | Engels, Herbie | Niebergall, Albert |
| 7. | 2035 | Einfallsreicher Name | | m | | 1:28:06,0 | Reichert, Julius | Ferenschild, Valentin | |
| 8. | 2057 | MGL Nicht für die Schule, sondern fürs | | m | | 1:34:26,0 | Kröll, Felix | Spelleken, Kilian | Charlier, Marcien |
| 9. | 2079 | Selle Royal | | m | | 1:34:34,0 | Adelmann, Filip | Adelmann, Detlef | Steffen, Linda |
| 10. | 2009 | Blueberry | | m | | 1:35:01,0 | Steffen, Tim | Völker, Nina | |
| 11. | 2080 | Sibi Bomber | | m | | 1:37:00,0 | Assenmacher, Nicolai | Bernett, Felix | Walkembach, Jonas |
| 12. | 2021 | Die Piraten | | m | | 1:39:50,0 | Manuell, Thom | Steffen, Christopher | |
| 13. | 2085 | Strandläufer | | m | | 1:41:06,0 | Prangenberg, Lena | Mühr, Holger | Prangenberg, Axel |
| 14. | 2106 | Weyrauch | | m | | 1:41:39,0 | Weyrauch, Ilka | Weyrauch, Rainer | |
| 15. | 2087 | Team Dolorgiet | | m | | 1:41:45,0 | Eisenbarth, Sandra | Krause, Jürgen | Nitschke, Axel |
| 16. | 2096 | The Energys | | m | | 1:42:51,0 | Willitzkat, Angela | Groß, Werner | |
| 17. | 2001 | "Möschbach gibt Gas" | | m | | 1:42:52,0 | Walkembach, Norbert | Walkembach, Jakob | Aufm Kampe, Helgi |
| 18. | 2034 | Einfach Irre | | m | | 1:42:58,0 | Ost, Fabian | Heindricks, Ruth | Krupa, Kim |
| 19. | 2055 | Menzenpower | | m | | 1:43:09,0 | John, Sebastian | Künzel, Steffen | |
| 20. | 2032 | Dynamo Selhof | | m | | 1:44:00,0 | Steinschulte, David | Wolscut, Yannide | Dresen, Oliver |
| 21. | 2061 | NW-Runners | | m | | 1:46:52,0 | Hauschild, Miriam | Ohnesorge, Constantin | Büsch, Nicolas |
| 22. | 2033 | Dream- Team No1 | | m | | 1:46:54,0 | Kandemir, Yalcin | Gries, Kristina | Krivdic, Anel |
| 23. | 2006 | Black Mambas | | m | | 1:47:00,0 | Nowakowski, Moritz | Feldmann, Simon | Haag, Moritz |
| 24. | 2121 | Verläuferinnen | | m | | 1:48:12,0 | Blumenthal, Bernadette | Terboven, Andrea | |
| 25. | 2047 | Juppessrunners 3 | | m | | 1:48:41,0 | Wischrath, Christian | Eres, Filip | Rost, Stefan |
| 26. | 2046 | Juppessrunners 2 | | m | | 1:49:03,0 | Cyprian, Peter | Helmes, Max | Frömgen, Oliver |
| 27. | 2081 | slowmotion | | m | | 1:49:06,0 | Benessen, Dennis | Toksöz, Sabri | Strehl, Volker |
| 28. | 2005 | Bang Gang | | m | | 1:49:10,0 | Haag, Lennart | Helmling, Marius | Genc, Ersen |
| 29. | 2018 | Die Keill's | | m | | 1:49:16,0 | Keil, Achim | | |

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| 30. | 2099 | Two and a- half men | | m | | 1:49:36,0 | Karl, Alexander | Thomas, Eric | Zurstrassen, Domenic |
| 31. | 2066 | Roniger Hof 2 | | m | | 1:49:40,0 | Weißenfels, Rebecca | Brandt, Ida | Brandt, Thorsten |
| 32. | 2016 | Die Ausgeschlafenen | | m | | 1:49:56,0 | Lê, T. Phat | Stähler, Dorothee | Braukmann, Mathias |
| 33. | 2043 | Hüg of Lück | | m | | 1:50:22,0 | Hüging, Daniel | Offermanns, Carola | Lückner, Reikja |
| 34. | 2105 | Weller | | m | | 1:50:23,0 | Weller, Michael | Weller, Mechthild | |
| 35. | 2048 | Kronjuwelen | | m | | 1:50:26,0 | Claes, Tobias | Kühn, Andre | Höher, Nils |
| 36. | 2038 | Familie Farber | | m | | 1:50:27,0 | Farber, Anke | Farber, Dagmar | Farber, Günter |
| 37. | 2109 | Windhagener Rennmäuse | | m | | 1:50:28,0 | Gärtner, Birgit | Wohlfahrt, Marion | |
| 38. | 2075 | SCL 3 | | m | | 1:50:48,0 | Kamp, Niklas | Wagner, Victor | Laurini, Larissa |
| 39. | 2054 | Mathesklaven | | m | | 1:51:24,0 | Alfter, Marvin | Kaiser, Nils | Hofmann, Elke |
| 40. | 2089 | Team Dolorgiet ak | | m | | 1:51:27,0 | Kühn | Schafheutle, Sacha | Lingenbrink, Jürgen |
| 41. | 2086 | swift friends | | m | | 1:52:09,0 | Reiners, Kathrin | Kleimann, Jörg | Hagemann, Anna |
| 42. | 2067 | RSL1 | | m | | 1:52:59,0 | Hermann, Alexander | Plag, Florian | Knopp, Marcel |
| 43. | 2049 | Kuci | | m | | 1:53:09,0 | Kuci, Cemal | Sharicic, Andre | Manfredi, Pasquale |
| 44. | 2163 | Fast Girls Have Good Times | | m | | 1:53:13,0 | Höfeler, Freya | Dexel, Christa | |
| 45. | 2012 | Caspar, Melchior und Balthasar | | m | | 1:53:34,0 | Lehmann, Daniel | König, Andreas | Flores, Patrik |
| 46. | 2051 | Leckerläufer | | m | | 1:53:47,0 | Höcker, Bettina | Ley, Heinz-Dieter | Ley, Michael |
| 47. | 2030 | Dorint Service | | m | | 1:53:50,0 | Hähn, Raoul | Friedrich, Mario | Ewens, Jonas |
| 48. | 2020 | Die lahmen Enten | | m | | 1:54:07,0 | Cosler, Matthias | Katthagen, Madelleine | |
| 49. | 2003 | a tribe called quest | | m | | 1:54:39,0 | Mühlenhof, Thies | Eitel, Oli | |
| 50. | 2101 | Victory Runners | | m | | 1:54:42,0 | Beutel, Martin | Turge, Ralf | Oetjens, Frank |
| 51. | 2004 | Bananen | | m | | 1:54:56,0 | Harth, Monika | Lüttke, Thomas | Föhres, Felix |
| 52. | 2026 | dierothe | | m | | 1:55:06,0 | Nisslmüller, Roland | Mücke, Dietmar | Nisslmüller, Therese |
| 53. | 2002 | 2 Engel und Charly | | m | | 1:55:31,0 | Pauli, Anna | Heyer, Charlotte | Borkenhagen, Pia |
| 54. | 2088 | Team Dolorgiet 2 | | m | | 1:55:37,0 | Talon, Jean Pierre | Talon, Irene | |
| 55. | 2162 | Zockas | | m | | 1:56:09,0 | Ernst-Manderbach, Max | Wehrenpfennig, Jakob | |
| 56. | 2069 | RSL3 | | m | | 1:57:05,0 | Birrenbach, Lisa | Frings, Peter | Birrenbach, Anja |
| 57. | 2083 | StaffelMarathon Waldbreitbach | | m | | 1:59:01,0 | Hasbach, Jan Philipp | Bernath, Daniel | Hasbach-Bernath, |
| 58. | 2070 | RSL4 | | m | | 1:59:25,0 | Zimmermann, Lisa | Pront, Hendrik | Pront, Leon |
| 59. | 2044 | Jogdocs 4 | | m | | 1:59:27,0 | Villar-Porto, Isidoro | Augustin, Eva | Ganetzki, Pavel |
| 60. | 2116 | MGL Mit guter Laune 2 | | m | | 1:59:30,0 | Heinemann, Birgit | Hessler, Nina | Jeschke, Ulrike |
| 61. | 2103 | Wallau | | m | | 2:00:16,0 | Wallau, Florian | Wallau, Luisa | Wallau, Sophia |
| 62. | 2013 | ccn2 | | m | | 2:00:25,0 | Ewers, Kai | Alan, Osman | |
| 63. | 2068 | RSL2 | | m | | 2:00:28,0 | Hausen, Annika | Erlenbach, Michael | Birrenbach, Nina |

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| 64. | 2104 | wasbinichgutdrauf | | m | | 2:00:36,0 | Böcker, Melanie | Bauer, Christiane | Kirchhoff, Nicole |
| 65. | 2024 | Die wilden Hühner aus der Kau | | m | | 2:00:38,0 | Ostermann, Marion | Salz, Claudia | |
| 66. | 2063 | Power Puiff Girls | | m | | 2:01:12,0 | Heinrich, Paulina | Menke, Ela | Denninger, Anika |
| 67. | 2072 | Schokokuss | | m | | 2:01:14,0 | Besgen, Johanna | Brix, Magdalena | |
| 68. | 2027 | Dorint Küche 1 | | m | | 2:01:29,0 | Baedorf, Dirk | Stricker, Stephanie | Roscher, Andreas |
| 69. | 2062 | OTS | | m | | 2:01:42,0 | Tschirner, Gerold | Otterbeck, Markus | Saal, Alfred |
| 70. | 2056 | MGL die schnellen Schnecken | | m | | 2:02:01,0 | Irmer, Julia | Jaguttis, Henry | Kurfels, Denise |
| 71. | 2073 | SCL 1 | | m | | 2:02:07,0 | Mack, Sebastian | Bergmann, Uwe | Bergmann, Jana |
| 72. | 2052 | Les coureurs | | m | | 2:02:29,0 | Eisch, Eva | | |
| 73. | 2118 | Rapid Rottbitze | | m | | 2:03:14,0 | Lutz, Florian | Lutz, Guido | Lutz, Christina |
| 74. | 2025 | Die Wildschweine | | m | | 2:03:18,0 | Hilger, Melanie | Marhöfer, Norbert | Marhöfer, Peter |
| 75. | 2011 | Brussels Power | | m | | 2:03:35,0 | Schneider, Bernhard | Geldner, Rebecca | Oetjens, Manuela |
| 76. | 2017 | Die Blondies! | | m | | 2:04:01,0 | Hildesheim, Tim | Ruthe, Marie-Jo | Vierheilig, Anabelle |
| 77. | 2120 | Roadrunners | | m | | 2:04:56,0 | Over, Hannah | Meyer, Berthold | Reifenhäuser, Jan |
| 78. | 2059 | NaFraGi | | m | | 2:05:33,0 | Treffert, Franziska | Klebandowski, Nadine | |
| 79. | 2053 | LT Roniger Hof 2 | | m | | 2:05:59,0 | Lesum, Hermann-Josef | Knopp, Annika | Knopp, Karin |
| 80. | 2041 | HKF 2 | | m | | 2:07:12,0 | Wylezol, Margarete | Draband, Detlef | Schmitz, Kevin |
| 81. | 2160 | Weckbecker | | m | | 2:07:20,0 | Weckbecker, Jörg | Weckbecker, Conrad | |
| 82. | 2084 | Stoneway Stars | | m | | 2:07:40,0 | Münzel, Janika | Münzel, Mariolina | Münzel, Hartmut |
| 83. | 2102 | Waldblumenzwerge | | m | | 2:08:02,0 | Nisslmüller, Marius | Kolster, Margit | Kolster, Nicole |
| 84. | 2095 | The Dreamgirls | | m | | 2:08:33,0 | Michels, Kira | Otten, Victoria | Otten, Anna |
| 85. | 2010 | Borkenwiesel | | m | | 2:08:51,0 | Wissel, Grischa | Borkenhasen, Phil | |
| 86. | 2036 | ELLE | | m | | 2:08:53,0 | Mielke, Lisa | Hahnau, Eva | |
| 87. | 2108 | Wild Thing | | m | | 2:08:54,0 | Weitzel, Judith | Weitzel, Michael | Merget, Elke |
| 88. | 2111 | Die Dreisten Drei | | m | | 2:08:55,0 | Maurer, Ronja | Stauf, Maïke | Ziegenhein, Annika |
| 89. | 2074 | SCL 2 | | m | | 2:09:00,0 | Kamp, Jan-Philipp | Zimmermann, Detlef | Nietzard, Sebastian |
| 90. | 2064 | Queen Mary | | m | | 2:09:30,0 | Trappmann, Marie | Trappmann, Annika | |
| 91. | 2022 | Die schlappen Schlappen | | m | | 2:09:54,0 | Knipp, Sven | Hillen, Bernd | Mansuri, Rani |
| 92. | 2097 | toni 17 | | m | | 2:12:05,0 | Roth, Sarah | Berghoff, Theresa | Skavicic, Stefan |
| 93. | 2019 | Die Kugelfische | | m | | 2:12:54,0 | Knopp, Jessica | Hoffmann, Leon | Hoffmann, Tanja |
| 94. | 2060 | nelsonrunners | | m | | 2:13:14,0 | Lehnert, Rolf | Freudenberg, Babette | Schell, Nelson |
| 95. | 2093 | Team Waldstraße | | m | | 2:14:20,0 | Lichtenthäler, Jan | Nell, Rene | |
| 96. | 2077 | SCL 4 | | m | | 2:14:48,0 | Loew, Verena | Hüngsberg, Domenik | Knopp, Denise |
| 97. | 2114 | LT Siebengebirge | | m | | 2:15:29,0 | Wolter, Hans-Jürgen | Wabnitz, Gitta | Meyer, Petra |

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| 98. | 2015 | Deutsch-Belgische Freundschaft | | m | | 2:15:33,0 | Köhring, Thomas | Schneider, Andreas | Schneider, Peter |
| 99. | 2119 | RHL1 | | m | | 2:17:17,0 | Steiner, Nina | Schröder, Benjamin | |
| 100. | 2161 | I-Pod Fans | | m | | 2:18:00,0 | Bleeser, Marita | Bucholz, Beate | |
| 101. | 2058 | MGL SAT1 | | m | | 2:18:16,0 | Nguyen, Thi-Hoa | Salz, Selina | Pollitt, Annika |
| 102. | 2039 | GLORI | | m | | 2:18:20,0 | Glos, Claudia | Ries, Frank | |
| 103. | 2008 | Blaulicht | | m | | 2:20:14,0 | Hütte, Michael | Geyer, Bernhard | Geyer, Christina |
| 104. | 2037 | Fambec | | m | | 2:20:34,0 | Becker, Claudia | Becker, Bernd | Becker, Michael |
| 105. | 2071 | RSL5 | | m | | 2:21:50,0 | Bauer, Nils | Plaster, Michelle | Fischer, Andrea |
| 106. | 2028 | Dorint Küche 2 | | m | | 2:27:05,0 | Brandauer, Nadja | Ewald, Alex | Leister, Florian |
| 107. | 2040 | HKF 1 | | m | | 2:27:35,0 | Schulze-Horn, Johannes | Spauke, Ronny | Kluth, Yvonne |
| 108. | 2023 | Die Schokoladen -Staffel | | m | | 2:28:14,0 | Fischer, Astrid | Tangermann, Jannika | Piller, Karoline |
| 109. | 2110 | 3 Turtles | | m | | 2:30:07,0 | Adam, Stephan | Tasci, Selcuk | Starke, Kathrin |
| 110. | 2042 | HKF 3 | | m | | 2:32:25,0 | Adolf, Elke | Trude, Sarah | Kern, Svenja |

Anzahl Teilnehmer: 110